

SAFE AND HEALTHY

GENERAL OBJECTIVES

To understand oral and written texts that include vocabulary about healthy habits, behavioural rules and basic structures about the unit.

To produce oral and written texts that include vocabulary about healthy habits, behavioural rules and basic structures about the unit.

To learn to use the modal verb must to forbid and oblige.

SPECIFIC OBJECTIVES

LISTENING

To recognise commands in the school context.

To understand a variety of texts and extract general and specific information about healthy habits, behaviour at school and how to behave in class.

To recognize and understand the verb must and its sense of obligation.

SPEAKING

To produce oral messages related to healthy habits, behaviour at school and how to behave in class.

READING

To read and extract specific and global meaning from sentences and cross-curricular texts

To read and identify the main features of a text.

WRITING

To write sentences with must as class rules or school rules.

LANGUAGE KNOWLEDGE AND USE

LANGUAGE KNOWLEDGE

LINGUISTIC KNOWLEDGE

GRAMMAR

Suj+vb+ objects

You must eat

You mustn't talk in the library

You mustn't eat in class

TOPICS AND VOCABULARY

Vocabulary: school materials, classroom, playground, lunchroom, polite, classmates, napkin, lunch, sweets, fizzy drink, junk food, healthy food, proteins, carbohydrates, vitamins, fats, sugars, chips, crisps, ice-cream, juices, crackers, cereals, raisins, nuts, food pyramid, meals, safe, gently, equipment, belongings, firealarm, calm, fair, lift.

Verbs: put hands up, pay attention, share, listen, respect, shout, run, keep tidy, raise, eat, line up, must, mustn't, skip, chew, drink, wash, speak, brush, eat, play, follow, take care of, fight, open, take, ring.

Reflection about language

Showing confidence in one's own capacity to learn English through the activities of the unit.

Reactivating previous knowledge about school.

Associating words and sentences with their visual form.

Categorising good and bad actions.

Relating classroom learning to their own life and world around them.

SOCIOCULTURAL ASPECTS AND INTERCULTURAL AWARENESS

Awareness of English as a world language.

Reflection on personal language experiences.

Interest in learning English.

Willingness to follow rules.

Positive attitude towards the personal ability to participate in class activities.

Willingness to follow simple instructions in class and different parts of the school.

BASIC COMPETENCES

All these competences have been worked through the activities of this unit.

Linguistic communicative competence.

Mathematical competence.

Knowledge of and interaction with the physical world.

Competence in information and communication technologies.

Social and civil competence.

Cultural and artistic competence.

The competence of learning to learn.

The competence of personal autonomy and initiative.

ASSESSMENT CRITERIA

Reading and identifying words and phrases introduced through activities, about how to behave school.

Understanding the main idea and identifying some specific elements in oral texts, with the help of both linguistic and non-linguistic elements in the context while listening about *Healthy and Junk food*

Writing words and sentences with the help of models and with a specific aim such as writing a poster about class or school rules.

Recognise and reproduce phonetic aspects, rhythm, stress and intonation, when they record sentences.

Show interest and curiosity to learn the foreign language and recognise the linguistic diversity as an enriching element.

SAFE AND HEALTHY ACTIVITIES**ACTIVITIES****Part 1 SCHOOL RULES**

In this part of the unit students will learn basic actions that they must or mustn't do at school. There is a progression in the activities and the difficulty increases little by little.

ACTIVITY 1 Introducing actions

Pictures describing actions that students must and mustn't do school are shown. They have to explore clicking on the pictures and students will hear the sentence related to them.

Screen 1:

You must bring your school materials.
You must be polite
You mustn't throw papers on the floor
You must do your homework
You must keep your classroom tidy

Screen 2 :

You must be helpful to your classmates
You must line up quickly when the bell rings
You must put your hands up
You mustn't eat in the classroom
You must listen when your teacher is talking
You must be quiet while working

Screen 3:

You must pay attention
You must respect the school
You must take care of school materials
You must share with others
You mustn't run in the classroom
You mustn't shout

ACTIVITY 2: CLICK, LISTEN AND READ

Once that students have explored the actions, they have to explore again but with a new element, the written sentence. If they pass over the image with the mouse, they will also read the sentence that they listen.

Screen 1:

You mustn't shout
You must line up quickly when the bell rings
You must bring your school materials
You must pay attention
You must be quiet while working

Screen 2:

You must do your homework
You must share with others
You must be polite
You must keep your classroom tidy
You mustn't throw papers on the floor
You mustn't eat in the classroom

Screen 3:

You must be helpful to your classmates
You must listen when your teacher is talking
You must put your hands up
You must respect the school
You must take care of the school materials
You mustn't run in the classroom

ACTIVITY 3: LISTEN AND MATCH

Students have to listen to the recordings and match them with the right picture that describes the action best.

Screen 1:

You must do your homework
You must pay attention
You must respect the school
You mustn't run in the classroom

Screen 2:

You must keep your classroom tidy
You must be helpful
You mustn't shout
You must line up quickly when the bell rings

Screen 3:

You must bring your school materials

You mustn't throw papers on the floor
You must be polite
You mustn't eat in the classroom

Screen 4:

You must listen to your teacher
You must raise your hand
You must be quiet while working
You must share with your classmates

ACTIVITY 4: MATCH THE TEXT

Students have to listen to the recordings and match them with the right sentence that describes the action best. If students pass over the sentence, it changes and they are also helped with the picture, but we focus on the written sentence.

Screen 1:

You mustn't eat in the classroom
You must be quiet while working
You must share with others
You must listen when your teacher speaks

Screen 2:

You must keep your classroom tidy
You mustn't run in the classroom
You mustn't throw papers on the floor
You must bring your school materials

Screen 3:

You must line up quickly when the bell rings
You must do your homework
You must respect the school
You mustn't shout

Screen 4:

You must pay attention
You must take care of school materials
You must be helpful to your classmates
You must be polite

ACTIVITY 5: TEST

Students have to listen and read three sentences and choose the right one. There are pictures that are visual aids for students. They can check the answers clicking on the icon CHECK.

Screen 1:

You mustn't eat in the classroom
You must line up quickly when the bell rings X
You must take care of school materials

You must do your homework
You mustn't throw papers on the floor
You must be polite

Screen 2:

You must share with others X
You must respect the school
You must pay attention

You must put your hands up
You must be quiet while working X
You mustn't run in halls

Screen 3:

You mustn't eat in the classroom
You must be polite
You must keep your classroom tidy X

You mustn't shout X
You must share with others
You mustn't throw papers on the floor

Screen 4:

You must be quiet
You must do your homework X
You must line up when the bell rings

You must be polite
You must respect the school
You must bring your school materials X

Screen 5:

You must listen when your teacher speaks X

You mustn't throw papers on the floor

You mustn't shout

You must be quiet while working

You mustn't run in the classroom X

You must raise your hands

ACTIVITY 6: COMPLETE AND RECORD

Students have to listen to the recording and complete the sentence dragging the right word to fill in the box. Once the sentences are completed, they can check the answers clicking on the icon CHECK, record the sentence and listen to their recordings.

Screen 1:

You must do your..... **homework**

You mustn't raise your... **hands**

You must share with.... **others**

You must pay.... **attention**

Screen 2:

You must line up quickly when the bell...**rings**

You must be quiet while...**working**

You mustn't ... **shout**

You must respect the... **school**

Screen 3:

You mustn't throw papers on the.... **floor**

You must be helpful to your ...**classmates**

You mustn't run in the ... **classroom**

You must be ...**polite**

Screen 4:

You must bring your school.....**materials**

You mustn't eat in the**classroom**

You must keep your classroom ...**tidy**

You must listen when your teacher is...**talking**

PART 2: IN THE LUNCHROOM

ACTIVITY 1: IN THE LUNCHROOM

Pictures describing actions that students must and mustn't do in the lunchroom are shown. They have to explore clicking on the pictures, and students will hear the sentence related to them.

Screen 1:

You must use a napkin
You mustn't skip meals
You must chew with your mouth closed
You mustn't drink fizzy drinks
You must speak with a soft voice
You must brush your teeth after lunch

Screen 2:

You must eat quietly
You must wash your hands before lunch
You mustn't eat a lot of sweets
You must drink from your own cup
You must throw food that falls on the floor

ACTIVITY 2: EXPLORE AND READ

This activity helps student explore again recordings and pictures but introducing written sentences. Students have to click on each picture and it will be changed into a written sentence that they will read and hear.

Screen 1:

You must wash your hands before lunch
You must eat quietly
You must brush your teeth after lunch
You must throw away food that falls on the floor
You mustn't eat a lot of sweets
You must speak with a soft voice

Screen 2:

You must use a napkin
You mustn't skip meals
You must chew with your mouth closed
You mustn't drink fizzy drinks
You must drink from your own cup

ACTIVITY 3: PUT THE WORDS IN THE RIGHT ORDER

Students have to listen to the action that is shown in the picture. They have to drag the words to the right box to put the words in order and write the sentence. They can listen to the recording as many times as they need. They can check the answers when they finish, clicking on the icon CHECK.

Screen 1:

1. You mustn't skip meals
2. You must chew with your mouth closed
3. You mustn't drink fizzy drinks

Screen 2:

1. You must use a napkin
2. You must drink from your own cup
3. You must wash your hands before lunch

Screen 3:

1. You must eat quietly
2. You must speak with a soft voice
3. You must brush your teeth after lunch

Screen 4:

1. You mustn't eat a lot of sweets
2. You must throw away food that falls on the floor

ACTIVITY 4: TEXT: HEALTHY AND JUNK FOOD

Students have to read and listen to a text about healthy and junk food. Words that are considered difficult or new are in green colour and students can click on them to display a popout text with the meaning in Spanish. After reading and listening they will do some reading comprehension activities.

4.1. Complete the text with the following words

Junk food is food that (**has**) got a lot of (**sugar**), salt or (**fat**), and it (**hasn't**) got a lot of vitamins or (**minerals**). Some examples of (**junk**) food are: cakes, (**biscuits**), fizzy drinks, crisps and (**chips**) and ice-creams. If we eat a lots of junk(**food**), we won't get the (**nutrients**) that we need.

4.2. Test TRUE OF FALSE

Screen 1:

We must have a balanced diet True
We must only eat fat and sugars False
We must eat junk food everyday False

Screen 2:

We mustn't eat cakes and biscuits every day False
We mustn't eat healthy snacks True
We must get the nutrients that we need True

ACTIVITY 5: DICTATION

Students will listen to the recording and will try to write the sentence that they hear. There are pictures to help them remember the meaning of the sentence.

Screen 1:

You mustn't skip meals

Screen 2:

You mustn't eat a lot of sweets

Screen 3:

You must speak with a soft voice

Screen 4:

You must drink from your own cup

Screen 5:

You must brush your teeth after lunch

Screen 6:

You must use a napkin

PART 3: PLAYGROUND RULES / IN CASE OF FIRE ALARM

ACTIVITY 1: INTRODUCING PLAYGROUND RULES AND WHAT TO DO IN CASE OF FIRE

Pictures describing actions that students must and mustn't do in the playground and in case of fire alarm are shown. They have to explore clicking on the pictures, students will hear the sentence related to them.

Screen 1:

You must follow adults instructions
You must play fair
You must play safely
You must take care of the equipment

Screen 2:

You mustn't run or push
You mustn't fight
You must play gently together
You must have fun

Screen 3:

You must close the windows and doors
You must ring the fire alarm
You mustn't take your belongings
You must be calm

Screen 4:

You must leave the school in order
You mustn't use the lift
You mustn't run
You mustn't open the windows

ACTIVITY 2: PUT THE RIGHT AUDIO IN THE CORRECT BOX

Students will explore the sentences and the pictures that change when we put the mouse pointer on them. Below the sentences/pictures there are recordings that students will place over the right sentence/picture. Once finished, students can check their answers.

Screen 1:

You mustn't fight
You must play gently together
You must take care of the equipment
You must follow adults instructions

Screen 2:

You must have fun
You must play fair
You mustn't run
You must play safely

Screen 3:

You must be calm
You must ring the fire alarm
You mustn't open the windows
You must leave the school in order

Screen 4:

You mustn't take your belongings
You must close the windows and doors
You mustn't use the lift
You mustn't run

ACTIVITY 3: MUST OR MUSTN'T

Students have to sort out the boxes with the different actions below the labels MUST OR MUSTN'T according to what they remember about these actions in the school. They can check their answers before going to the next screen.

Screen 1:

MUST:

Play gently together
Follow adults instructions
Take care of the equipment

MUSTN'T

run or push

Screen 2:

MUST

Play fair
Play safely
Have fun

MUSTN'T

fight

Screen 3:

MUST

Have the school in order
Ring the fire alarm

MUSTN'T

open the windows
use the lift

Screen 4:

MUST

Be calm
Close the windows and doors

MUSTN'T

Run (in halls)
Take your belongings

ACTIVITY 4: TEST

Students have to choose the right sentence for the picture next to them, there are recordings to help students recognize the right sentence. After choosing they can check their answers.

Screen 1:

You must take care of the equipment
You must play safely X

You mustn't fight X
You must be calm

Screen 2:

You must play fair X
You mustn't fight

You must follow adults instructions
You mustn't run X

Screen 3:

You mustn't open the windows
You must close the windows and doors X

You must ring the fire alarm X
You mustn't take your belongings

Screen 4:

You must leave the school in order X

You mustn't use the lift

You must be calm

You mustn't take your belongings X

Screen 5:

You mustn't fight

You must use the lift X

You must have fun X

You must play safely

ACTIVITY 5: POSTER DRAFT

Students will complete the poster with some of the actions shown in the unit. There are some pictures to remind them of the actions that they must or mustn't do in the playground and in case of fire. If students remember other actions, they can write them too.

In the printable extra activities there is a written poster to transfer the information and to be completed with illustrations or cards, so teachers will correct the sentences easily.

Screen 1: In the playground

Sample images

You must take care of the equipment

You must play fair

You must follow adults instructions

You mustn't fight

Screen 2: In case of fire...

You mustn't use the lift

You must ring the fire alarm

You must close windows and doors

You must leave the school in order